

## **Restraint, Isolation and Other Uses of Reasonable Force**

The district endeavors to maintain a safe learning environment while treating all students with dignity and respect. All students in the district, including those who have an individualized education program (IEP), or plan developed under Section 504 of the Rehabilitation Act of 1973, will remain free from unreasonable restraint, restraint devices, isolation, and other uses of physical force. Under no circumstances will these techniques be used as a form of discipline or punishment.

The Board acknowledges that the use of isolation and restraint is exclusively used on students with IEPs and 504 plans and is committed to limiting the use of this practice to the largest degree possible. This includes not having designated isolation or safety room (defined as the student being enclosed in a locked space alone), supporting staff resources and training for de-escalation and continual learning of alternatives to the use of isolation and restraint.

This policy is intended to address district students. It is not intended to prevent or limit the use of restraint or other reasonable force as necessary with adults or other youth from outside the district as allowed by law.

Restraint and other uses of physical force, as defined in the procedure accompanying this policy, may be used when necessary to prevent or minimize imminent bodily injury to self or others. Restraint and other uses of physical force may be used to protect district property if de-escalation interventions have failed or are inappropriate.

Use of restraint, isolation, and other forms of reasonable force may be used on any student when reasonably necessary to control spontaneous behavior that poses an “imminent likelihood of serious harm” as defined by [Chapter 392-172A WAC](#) and explained in the procedure accompanying this policy. Serious harm includes physical harm to self, another, or district property. Staff will closely monitor such actions to prevent harm to the student and will use the minimum amount of restraint and isolation appropriate to protect the safety of students and staff. The restraint, isolation, and other forms of reasonable force will be discontinued when the likelihood of serious harm has dissipated.

The superintendent or a designee will develop procedures to implement this policy, including review, reporting and parent/guardian notification of incidents involving restraint or isolation as required by law. Additionally, the superintendent will annually report to the board on incidents involving the use of force.

### Cross References:

<a href="#">Policy 2161</a>	Special Education and Related Services for Eligible Students
<a href="#">Policy 2162</a>	Education of Students with Disabilities Under Section 504 of the Rehabilitation Act of 1973
<a href="#">Policy 6514</a>	District and Campus Safety

### Legal References:

<a href="#">RCW 9A.16.020</a>	Use of force - When lawful
<a href="#">RCW 9A.16.100</a>	Use of force on children - Policy - Actions presumed unreasonable
<a href="#">RCW 28A.150.300</a>	Corporal Punishment Prohibited - Adoption of policy

[RCW 28A.155.210](#) Use of restraint or isolation – Requirements for procedures to notify parent or guardian  
[RCW 28A.600.485](#) Restraint of Students  
[Chapter 392-172A WAC](#) Rules for the provision of special education  
[WAC 392-400](#) Student Discipline

Adopted: 02/26/2014  
Amended: 11/18/2015  
06/28/2017  
11/17/2021  
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