

## Daily Activity Choices:

### **Book inspirations**

One of the best habits of a life-long-learner is reading regularly. Reading enjoyment

comes from finding materials you are interested in. Encourage your student to read about something they enjoy. They should pick up a newspaper, novel, comic book, magazine, e-reader, audiobooks, or podcast to develop the habit of consuming ideas.

- Continue reading your class novel or the book you're reading independently
- Choose your next book by searching these book recommendations <https://www.goodreads.com/>

### **Journal inspiration**

We are all going through a once in a century event, record your thoughts/ feelings/ and observations so that one day, when this all blows over, your student can reflect on who they were today and compare it to how it's changed them. Choose one of the prompts for each journal entry, or create your own

- Describe how you found out school would be closed for 6 weeks. Where were you, what were you feeling, who did you talk to?
- Think about how your priorities have changed as time goes by.
- Compare and contrast your thoughts/feelings from January to March.
- Write about how you handle this differently than your friends.
- Keep [track of something](#) with each journal entry. (i.e.: the date, number of days out of school,...)
- Make some predictions about what you think will happen by summer, by 2021, by 2030 ....
- Compare this outbreak to another from the past (The Spanish Flu, Bird Flu, Swine Flu, Ebola, ... )
- Contrast how this outbreak affects you with how it impacts others.

### **Fitness & Health Activity choices**

- Create a daily workout plan from our [resources](#).

**Remember to talk about what you've learned today.**

	Block
<b>Learning Session 1</b>	Choose one Academic Activity in <a href="#">Math</a> or one from <a href="#">Science</a>
	<b><u>Fitness &amp; Health Activity Choice</u></b>
<b>Learning Session 2</b>	Choose one Academic Activity in <a href="#">Social Studies</a> or <a href="#">ELA</a>
	<b><u>Journal</u></b>
	<b><u>Reading</u></b>
<b>Mid-Day</b>	Lunch
<b>Learning Session 3</b>	Choose one Academic Activity in <a href="#">Art</a> / <a href="#">Music</a> / <a href="#">Theater</a> / <a href="#">World Languages</a> / <a href="#">Coding</a>
<b>Wrap Up</b>	Talk about what you've learned today